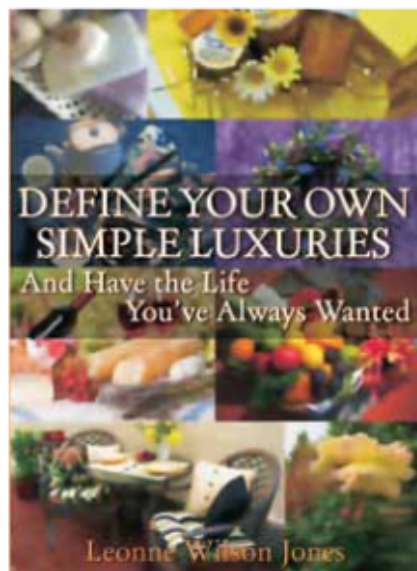


Book Review

by Lisa Harrison

Define Your Own Simple Luxuries



In the pet-hair-covered, unmade bed, dinner-from-a-box bustle of daily life, Jones makes gracious living seem delightfully attainable. Forget Martha Stewart perfectionism, this book is a list-maker's paradise of practical, often inexpensive tips on everything from cosmetics to preparing a 10-course dinner. Gleaned from many lifetimes of experience (hers and others), this Okanagan food and lifestyle columnist guides readers through the pleasures of food and wine pairing, planning a wedding night picnic and custom blending tea with blueberries, cherries and peppercorns for a cozy night by the fireplace. Making time for luxuries requires organization so Jones offers insights into simplifying banking, shopping, household chores and more. She also has clever double duty ideas. Lavender oil in her recipes for homemade bathroom spray and beeswax furniture polish freshens as they clean and protect. Her inventive uses for grapeseed oil and bananas are just two of the many reasons why this book is charmingly witty and wise.

Author: Leonne Wilson Jones

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